

ROBINSON FIRST UNITED METHODIST CHURCH • AUGUST 2022

# THE HERALD

Listening to God's Heart from the heart of the city.



# From the Pastor's Pen

*So then, with endurance, let's also run the race that is laid out in front of us, since we have such a great cloud of witnesses surrounding us. Let's throw off any extra baggage, get rid of the sin that trips us up, (Hebrews 12:1 CEB)*

Well there is something to be said about having endurance. These past several months have been a journey that many of us would like to never travel again. In fact, these past few years seem like we are running a marathon - uphill, against the wind, carrying your over-weight friend, who is carrying a bowling ball - on your back. The amazing thing is that the finish line of this God-forsaken race is off in the distance, and every time we feel we are close to the finish, someone moves the line.

When we read the above passage, we can identify with the author who paints such a vivid picture of the race that has been laid out before each of us. The most interesting thing is that it is our individual races that must be run, so that we can reach the finish line before us. We are not racing against others, so why must we endure such a race? The answer can be found in the race itself. Our race is a marathon that tests our devotion to reaching the goal before us - an established relationship with Christ. During our journey we are encouraged to discard those things that are distracting, the burdens that are weighing upon you. No, not your overweight friend with the bowling ball, but the worry, stress, addictions, struggles, family and relationship troubles, all the things that distract from God. These things are your excess baggage and sadly, this list is endless and unique for each person. When we drop the extra baggage, we then have more space for faith and spirituality.

We are drawn back to the text and we are readily reminded of the great cloud of witnesses. As Christians we are reminded of those who have completed the journey and now celebrate their eternal reward. But, let us focus on those in the shadows watching us. These folks are curious about the race and are wanting to be in the race as well. When we encourage them to set out on their own spiritual races, we are providing them opportunity for "hope" while they are already receiving "grace and love".

So, to quote Sawyer Brown, "The race is on!" Let us finish this year with our heads held high. Folks, we are running but our faith is what is carrying us each day. Lace up those running / walking shoes, grab the word of God on the way out the door, and let's encourage others to get into the race.

See You in Church!

Pastor Terry

# Christians Under Construction

Hey! The Education Committee has decided we want to learn and we want to teach! We would like to create a class called, "Christians Under Construction." We will be asking YOU for things you would like to learn or teach.

Here is an example of how we hope it will work:

You want to learn how to can fruit and/or vegetables and don't even know how to begin. You would request a class, and we will ask someone in church family who knows how if they would be willing to teach those of us that want to learn. A time, date, and place will be set and the class would be open to anyone who wants to attend. A list of items needed for the class will be provided. Then, you can attend the class and we can learn together! We want to build fellowship, and learn and grow together. We want to provide our community with ways to use our gifts and knowledge to teach and share with others.

Does this sound like something you would love to do? Help us build up our list of ideas! Some ideas we have so far include: scrapbooking, canning, sewing, wood burning, stained glass art, making a pie from scratch, cooking (any kind of food), baking bread and other goods, navigating a computer or laptop, how to use a cell phone, how to use social media, how to put on a necktie, knitting, gardening, painting, card games, how to changed the oil in a car, etc.... The list goes on! Nothing is too simple or difficult if there are willing teachers and students. You're not too old or too young to teach or learn!

If you have a gift you would like to share, we want to learn! If you want to learn, we want to teach! Times and dates will depend on the class and could be held at the church or another location. Childcare would be provided if needed.

What do you think? We're excited! Classes will start as soon as possible. A box will be placed outside the sanctuary soon for you to put in requests.

Please talk to Marcia Schmidlin, Dennis Inboden, Shirley Treadway, Linda Null, or Nina Davis for more information or ideas!

# **Volunteers Needed**

## **Welcome Center**

We are looking for volunteers that would be willing to run the Welcome Center on Sunday mornings before worship.

Duties of the welcome center include:

- Start coffee!
- To help greet people!
- Direct them to any activities that have sign ups!
- Hand out quiet bags and/or children's bulletins!
- Let visitors know about our staffed nursery, cry room, where restrooms are located, Sunday School classes, etc!
- Pass out "Welcome Bags" to any visitors!

Sign up is available at the welcome center or use the link:

<https://forms.gle/n6hAyhThFYF3B2P66>

## **Communion**

Communion Volunteers will stand in front of the sanctuary during communion Sundays, to help Pastor Terry and the liturgist distribute communion to members of the congregation. We need two volunteers for every Sunday.

Sign up is available at the welcome center or use the link:

<https://forms.gle/9c19SJeQEs8HQQrQ7>

## **Children's Church**

Children's Church is every Sunday, immediately following the Children's Moment during worship. If you are interested in teaching a Sunday please sign up below.

The Sunday's that the Worship Committee has planned have scriptures beside them. You can plan a craft or activity around Sunday's sermon or create something all your own! Use the link to sign up: <https://forms.gle/MU1NBFdELko8iRUe6>

## **NOW**

Set up for the shopping Day Sunday August 7 beginning at 2:00 pm.  
Back to School Shopping Day is August 8 8:00 am - 4:00 pm.

NOW Weekend Meal Bagging will start back up on Thursday, August 25th at 4:00 pm. We are always excited for new volunteers and would love to see you there!

If you have any questions please contact Kirbie, 618-544-8016.

## **Playground Volunteers**

The Trustees are putting together a list of people who would be available to help with the construction of the playground equipment! There is a sign up on the welcome center in the narthex or you can call Kirbie in the office to get put on the list. Please let us know what is the best way to contact you and when is the best time for you to volunteer.



## Office Closed

The office will be closed Friday, August 12th - Wednesday, August 17th while Kirbie is on vacation. Pastor Terry will be working limited hours, so please be aware of that before you head to the church.

## Modern Parables

Modern Parables is an original Bible study curriculum designed for people who like movies. It is the first in a planned series of film-driven studies on the parables. The films are uniquely designed to parallel the original parable and thereby drive the viewer back toward the Biblical text.

Beginning Tuesday, September 6th or Thursday, September 8th Pastor Terry will be teaching "Modern Parable: Living in the Kingdom God". The study will be an hour long beginning at 6:30 pm on Tuesday and 9:30 am on Thursday. There is a sign up on the welcome center or you can use the link: <https://forms.gle/nGdDbnjzjRoQJ2Jm8>

## Confirmation

Calling all students Grades 5-12! There is a sign-up sheet in the Narthex and the eNews for anyone interested in Confirmation! It will be a four week study divided into 2 groups: 5th-8th grade and 9th-12th grade. More information will be coming soon, but mark your calendars for a kickoff event on Saturday, September 10th at 4:00 pm in Asbury Hall. We will have a Meet and Greet with Pastor Terry, and we will provide pizza, drinks, and a sweet treat. This will be a great time to get to know one another and gather information and input for upcoming events. Invite your friends! Please call or text Nina Davis if you have any questions. 618-421-2156

## Care News from Stephen Ministry

***"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." - Philippians 4:6***

Do you ever struggle with feelings of apprehension, worry, nervousness, or anxiety? Do you sometimes experience mental and emotional exhaustion? Let's be honest, we all do. During a recent Stephen Ministry meeting, Janelle Oxford shared a devotion with the Stephen Ministers about anxiety and how Christians can use scripture and prayer to deal with these emotions.

- *Anxiety is a mental and physical reaction to perceived threats. In small doses, anxiety is helpful. It protects us from danger, and focuses our attention on problems. But when anxiety is too severe, or occurs too frequently, it can become debilitating (Therapist Aid).*
- *Anxiety works on a very "primitive" level. It has a physical component which can be counteracted by using a physical remedy.*
- *In Genesis, God's Holy Spirit breathed life into Adam when God formed him from the dust. We can remember that God's Holy Spirit that lives in us also gives us life through our breath. Therefore, we can remember that our breath is one way we are connected with God. Remember this can help us when we feel overly anxious or battle ongoing anxiety.*
- *Using prayerful meditation called breathing prayer, as soon as we feel the signs of anxiety, we can call on God to help ease our anxious moments and bring us His peace.*

### **Breathing Prayer Examples:**

*Close your eyes and inhale through your nose slowly, imagine pulling the Spirit in so completely that it fills your entire body. Make sure your stomach expands: you will want to be filled with peace. Exhale slowly through your mouth.*

#### **While inhaling:**

*Come Holy Spirit*

*Lord Jesus*

*Lord Jesus*

#### **While exhaling:**

*fill my heart*

*grant me your peace*

*I love you*

*\*If you or someone you know is in need of compassionate Christian care, please contact Janelle Oxford at (618) 553-9598. Stephen Ministers are available to provide Christian care.*



## August Birthdays

8/4	Mike Parker
8/6	Liz Dhom
8/7	Tyler Carter, Nancy Mattsey
8/8	Brian Wilson, Denny Knight
8/10	Phuong Quick
8/12	Matthew Schmidlin
8/13	Kirbie Ackman
8/15	Janet Clark; Emerson Reinoehl; Gracen Elliott
8/16	Dorothy Youngs
8/19	Paula Summers
8/22	Joyce Owen, Janelle Oxford
8/26	Doris Stanley
8/27	Brent Owen
8/28	Mike Bell
8/29	Antje Pippin
8/30	Justin Aydt, Amy Hartke
8/31	Walker Odom

## August Anniversaries

8/3	Brandon & Melinda Harmon
8/4	Jim & Suzanna Wallace
8/14	Jason & Amy Hartke
8/15	Brian & Julie Wilson

## Prayer Requests

Jeremy Markello; Carol Wolf; Carl Blanton; Michael Brady; Cathy Thomas; Judson Richardson; Julie Zhang; Bill Thompson; Michael Keene; John Larrabee; Nicole Young; Evan Prah; Richard Youngs; Kay Young; Vonnetta Shipman; Becky Goodwin; Caius Bell; Ray & Nelda Dotson; Claudette Mejean; Demmie Long; Emma Bodine; Charles Hough; Sheltyn James Henry; Rick Pritchard; Laurie Vaughn; Judy Eckert; Lisa Schaefer; Matthew Williams; Larry Potts; Patricia Hodgson; Pamela Hart; Paul Davis; Kathy Kennedy; Tina Klender; Duane Parker; Ruth Fiscus; Jan Riker; Dustin Ikemire; Robin Bray; Greg Faylor; Susan Rodgers; Melinda Ashby; Brad Smith; Leah Buser; Kamillah Rollins; Donna Ferry; Janice Woods; Cathy Devalle; Heather Karbach; Dan Davis; Nay Owens; Hart Odom; Jennifer Newlin; Bernie Limper, Dick Mitchell; Mark Killian; Anna Marie Miller; Thelma Gifford; Jon Anderson; Melinda Wehrle; Ashley Reed; Pam Hill; Dale Kamplain; Raymond Kidwell; Rhea Hayden; Lesley Albert; Dave Freeland; Janette Routine; Cindy Weger; Doug Mammoser; Blain Loll; Miranda Waddell; Wendy Powers; Jeanie Coe; Rusty Swarts; Mary Spindler; Stacey Baize and Family; Mandy Harris; Margaret Beaman; Alexander Forrey; Ninetta Faith; Delane Guyer; Mario DiPisa; Lou Bonnell; Sue Gower & Family; Greg Rice's Family

# AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 10:45 am - NOW Summer Lunches	3 10:45 am - NOW Summer Lunches	4 10:45 am - NOW Summer Lunches 5:00 pm - Kids' Club Volunteer Meeting	5	6
7 9:00 am - Worship 10:15 am - Sunday school 2:00 pm - NOW Shopping Day Set-Up 4:30 pm - Stephen Leaders	8 8:00 am - NOW Back to School Shopping Day	9	10 5:30 pm - Second Wednesday Dinner 6:00 pm - Finance Committee Meeting 6:30 pm - Stephen Ministry	11	12 OFFICE CLOSED 9:00 am - NOW Dental Exams	13 7:00 pm - Family Movie Night
14 9:00 am - Worship 10:15 am - Sunday school	15 OFFICE CLOSED 5:30 pm - SPRC Meeting	16 OFFICE CLOSED	17 OFFICE CLOSED 6:00 pm - Committee Meetings 7:00 pm - Church Council Meeting	18 5:00 pm - Staff Meeting	19	20
21 9:00 am - Worship 10:15 am - Sunday School	22	23	24 6:30 pm - Stephen Ministry	25 4:00 pm - NOW Bagging	26	27
28 9:00 am - Worship 10:15 am - Sunday School	29	30	31			



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# FIRST UNITED METHODIST CHURCH

Pastor: Terry Evans

Office Manager: Kirbie Ackman

Director of Christian Education: Nina Davis

Communications Coordinator: Brennan Seth Tracy

Music Director: Antje Pippin

Organist/Pianist: Brenda Graham

Custodians: Amy DeDoming, Mark DeDoming

Nursery Staff: Anita Cohoon, Marnie Inboden

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